



# FREE Summer Meals

School District of the Menomonie Area

## June 2023 Menu- River Heights Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Juice Fruit Milk	Granola Round Juice Fruit Milk	Breakfast Bread Juice Fruit Milk	Oatmeal Bar Cheese Stick Juice Fruit Milk	Mini Waffles Juice Fruit Milk

## Lunch

12 Cheeseburger on WG Bun Baby Carrots Fruit Milk	13 Ham Croissant Sun Chips Snap Peas Fruit Milk	14 Chicken Filet on WG Bun Red Pepper Strips Fruit Milk	15 Turkey Wrap Cucumber Slices Annie's Grahams Fruit Milk	16 Field Trip Meals/ Pizza Fruit Veggie Milk
19 Corn Dog Baby Carrots Fruit Milk	20 Turkey Deli Sandwich Cucumber Slices Annie's Grahams Fruit Milk	21 Chicken Tenders Sun Chips Red Pepper Strips Fruit Milk	22 Italian Sub Snap Peas Fruit Milk	23 Field Trip Meals/ Pizza Fruit Veggie Milk
26 WG Macaroni & Cheese Snap Peas Fruit Milk	27 Ham Croissant Sun Chips Cucumber Slices Fruit Milk	28 Walking Tacos Baby Carrots Fruit Milk	29 Chicken Ranch Wrap Red Pepper Strips Annie's Grahams Fruit Milk	30 Field Trip Meals/ Pizza Fruit Veggie Milk

**Menu Subject to Change Due to Availability**  
**This Institution is an Equal Opportunity Provider**

